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BARROW HILLS

# CO-CURRICULAR TIMETABLE



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# INTRODUCTION

Our co-curricular opportunities provide avenues for children to **explore their passions, cultivate talents, and develop vital life skills**. By participating in these activities, children not only expand their **knowledge and skills** but also **build friendships, develop leadership qualities, and foster a sense of belonging and school pride**. Our co-curricular timetable promotes creativity, critical thinking, and teamwork, preparing children for success in their academic endeavours and beyond.

For our co-curricular offering, a Google form will be sent each term. If you need help with your bookings, please contact Mrs Wood: [amw@barrowhills.org](mailto:amw@barrowhills.org).

In addition to our co-curricular timetable, we offer individual and group activities lessons and music lessons provided by peripatetic teaching staff. Details of these are found in the External Activities Booklet found on your Parent Portal. We ask that you arrange the starting of any external club with the appropriate coach/teacher, contact details are provided in the booklet.



## PRE-PREP TIMETABLE

	Club	Leader	Time	Spaces
<b>Monday</b>	Construction (Rec - Year 2)	Mrs Rogers Mrs Withers	3.20-4.30pm	20
<b>Tuesday</b>	Larks Choir (Rec - Year 2)	Mrs Davies	8.00-8.30am	Unlimited
	Book Club (Rec - Year 2)	Mrs Crisell Mrs Harris	3.20-4.30pm	Unlimited
	Chess and Board Game Club (Year 1 & 2)	Mrs Barnett	3.20-4.30pm	15
<b>Thursday</b>	Gardening Club (Rec - Year 2)	Mrs Ferris Mrs Livingston	3.20-4.30pm	10
	Pre-Prep Swimming (Year 1 & 2)	Mrs Burnett Mr Mullins Mr Smith	3.20-5.30pm	20



## PREP TIMETABLE

	Club	Leader	Time	Spaces
<b>Monday</b>	Swimming (Year 3 - 8)	Mrs Burnett Mrs Wallace	7.30-8.00am	Unlimited
	Science Club (Year 7)	Mr Behan	1.30-2.00pm	15
	Squiggly Calligraphy (Year 3 - 8)	Miss Tyrrell	4.30-5.30pm	10
	Cricket (Year 3 - 8)	Mr Smith Mr Unwin	4.30-5.30pm	Unlimited
<b>Tuesday</b>	French Common Entrance Preparation (Year 7 & 8)	Madame Early	1.00-1.30pm	All
	Maths Clinic (Year 6 - 8)	Mr Pretorius	1.30-2.00pm	10
	Recorder (Year 3 & 4)	Mrs Davies	1.30-2.00pm	Current members only
	Art Club (Year 3 - 8)	Mrs Wheeler	1.30-2.00pm	Unlimited
	Bridewell Choir (Year 4 - 8)	Mr Frazer	4.30-5.30pm	Auditioned
<b>Wednesday</b>	STEM & Robotics (Year 5 - 8)	Mr Hinds	4.30-5.30pm	15
	Mountain Biking (Year 5 - 8)	Mr Towers	4.30-5.30pm	20
	Reading Club (Year 3 - 8)	Mr O'Kelly	4.30-5.30pm	Unlimited



## PREP TIMETABLE

	Club	Leader	Time	Spaces
<b>Thursday</b>	Nightingales (Year 3 & 4)	Mrs Davies	8.00-8.30am	Unlimited
	French Common Entrance Preparation (Year 7 & 8)	Madame Early	1.00-1.30pm	All
	Creative Mindfulness (Year 3 - 8)	Mrs Wheeler	1.30-2.00pm	Unlimited
	DT (Year 3 & 4)	Mr Hinds	4.30-5.30pm	15
	Drama (Year 3 - 8)	Mrs Mason	4.30-5.30pm	Unlimited
	Art Scholarship (Year 5 - 8)	Mrs Wheeler	4.30-5.30pm	10
	Football (Year 3 - 8)	Mr O'Kelly Mr Unwin	4.30-5.30pm	Unlimited
<b>Friday</b>	Chess (Year 4 - 8)	Mr Hinds	1.00-1.30pm	Unlimited
	Racket Club (Year 3 - 8 and parents)	Mr Smith Mrs James	4.30-5.30pm	Unlimited
	Trivium (Year 4 - 8)	Mr Towers	4.30-5.30pm	Unlimited



## UPPER PREP TIMETABLE

	Club	Leader	Time	Spaces
<b>Monday</b>	Swimming	Mrs Burnett Mrs Wallace	7.30-8.00am	Unlimited
	Science Club	Mr Behan	1.30-2.00pm	15
	Squiggly Calligraphy	Miss Tyrrell	4.30-5.30pm	10
	Cricket	Mr Smith Mr Unwin	4.30-5.30pm	Unlimited
<b>Tuesday</b>	French Common Entrance Preparation	Madame Early	1.00-1.30pm	All
	Maths Clinic	Mr Pretorius	1.30-2.00pm	10
	Art Club	Mrs Wheeler	1.30-2.00pm	Unlimited
	Bridewell Choir	Mr Frazer	4.30-5.30pm	Auditioned
<b>Wednesday</b>	STEM & RoboticS	Mr Hinds	4.30-5.30pm	15
	Mountain Biking	Mr Towers	4.30-5.30pm	20
	Reading Club	Mr O'Kelly	4.30-5.30pm	Unlimited



## UPPER PREP TIMETABLE

	Club	Leader	Time	Spaces
<b>Thursday</b>	French Common Entrance Preparation	Madame Early	1.00-1.30pm	All
	Creative Mindfulness	Mrs Wheeler	1.30-2.00pm	Unlimited
	Drama	Mrs Mason	4.30-5.30pm	Unlimited
	Art Scholarship	Mrs Wheeler	4.30-5.30pm	10
	Football	Mr O'Kelly Mr Unwin	4.30-5.30pm	Unlimited
<b>Friday</b>	Chess	Mr Hinds	1.05-1.35pm	Unlimited
	Racket Club	Mr Smith Mrs James	4.30-5.30pm	Unlimited
	Trivium	Mr Towers	4.30-5.30pm	Unlimited





# PRE-PREP

## Gardening Club (Rec - Year 2)



This fun and exciting club will engage children who love exploring the outdoors and learning about plants. Together we will get our hands dirty as we plant seeds, watch them grow and discover how to take care of them. We will have lots of fun learning through hands on gardening activities. Come and join us for a blooming good time!

## Construction (Rec & Year 1)



Construction offers an exciting opportunity for Reception and Year 1 children to explore their creativity through hands-on building activities. Each week, children will listen to a story and then take on a construction challenge inspired by the tale. Using a variety of materials such as Lego, Mobilo, Duplo, wooden blocks, and junk modelling, the children will bring the story to life through their imaginative constructions. This club will encourage problem-solving, teamwork, and the development of fine motor skills, all while having fun with friends.

## Book Club (Rec - Year 2)



Join our Book Club where little readers can embark on exciting adventures through stories, colourful illustrations and fun characters. We will explore new books that build imaginations and help grow reading skills - perfect for curious minds and young book lovers!



# PRE-PREP

## Chess and Board Game Club (Year 1 & 2)



Chess and Board Game Club is the perfect place to learn, practise and improve skills in a fun and friendly environment. Whether you are a beginner or already know a few moves, get ready to think ahead, solve puzzles and challenge yourself with friends.

## Larks Choir (Rec - Year 2)



The Larks Choir is a vibrant choir where children explore the joy of singing through playful activities and simple songs. The choir focuses on building confidence, developing listening skills, and fostering teamwork. Through rehearsals and performances, young singers not only learn musical skills but also cultivate a lifelong appreciation for music and the arts in a supportive and nurturing environment.

## Pre-Prep Swimming (Year 1 & 2)



Whether you prefer to splash around or are ready to swim like a pro, at Pre-Prep swimming young swimmers will learn new skills, build confidence and enjoy time in the pool under the guidance of our experienced instructors.



# PREP AND UPPER PREP

## Nightingales Choir (Year 3 & 4)



The Nightingales Choir offers a joyful and supportive space for children to explore the magic of music and singing. Through a blend of activities, vocal exercises, and fun songs, choir members discover the joy of harmonising and making music together. The choir focuses on building confidence, developing listening skills, and fostering a sense of teamwork and camaraderie. Through rehearsals and performances, children not only learn essential musical skills but also cultivate a lifelong appreciation for music and the arts.

## Chess (Year 3 - 8)



Chess is an exciting opportunity for young minds to delve into this strategic world. The club provides a supportive environment for children to learn and improve their chess skills. They develop critical thinking, problem-solving, and decision-making abilities. Whether beginners or experienced players, all are welcome to join and explore the fascinating world of chess in a fun and stimulating setting.

## Swim Club (Year 3 - 8)



Early Monday morning swim club promises a high energy start to the week. Our experienced staff will guide children in improving technique, building strength in the water and increasing speed. All are welcome to build confidence and have a great time in the pool.

## Mountain biking (Year 5 - 8)



We will enjoy some cycling action in the school's 33 acres of woodland and into Mare Hill Common, just over the road. An off-road bike and helmet are essential. We now have bike racks should children wish to leave their bikes at school. Suitable for children who can ride a bike who now wish to learn or practise some gravel and mountain bike skills. Adventurous!

# PREP AND UPPER PREP

## Drama (Year 3 - 8)



Drama club offers an exciting platform for children to explore their creativity and passion for performing arts. The club provides opportunities for children to engage in a variety of theatrical activities, including acting, improvisation, script reading, and stagecraft while developing acting skills, confidence, and stage presence. The club fosters a supportive and inclusive environment where children can express themselves, explore new characters and roles, and unleash their talents on stage.

## Reading Club (Year 5 - 8)



Come and enjoy your book and a biscuit in a quiet and cosy setting. This club will be a chance for you to relax after a busy school day and read any book you like. All are welcome.

## Art Scholarship (Year 5 - 8)



Art scholarship is open for children with a real interest in art and who wish to explore developing their own portfolio. This experience would be ideal for those aspiring to consider a senior school art scholarship application.

## Football (Year 3 - 8)



Football offers children a fantastic opportunity to release energy and enjoy structured gameplay on the astro. Unlike casual 'lunch-time kickabouts', this club provides a more organised experience, with small-sided games designed to enhance skills and teamwork. Each week, children will be grouped into age-appropriate teams, fostering a sense of camaraderie and healthy competition.

## Racket Club (Year 5 - 8 and parents)



Want to have fun and increase your ball skills? Join the Racket club! Smash the shuttlecock in badminton, hit that winning shot on the tennis court, learn the tactics of table tennis or enjoy our new game of pickleball. It's a great way to acquire new skills and stay active. Parents welcome too!



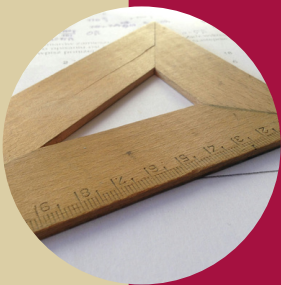
# PREP AND UPPER PREP

## Recorder (Year 4)



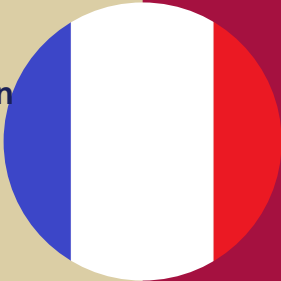
Recorder club is a great choice for children in Year 4, with or without previous experience of playing. Easy to learn, the recorder is a super instrument to help children learn to read music, explore rhythm and pitch and practice posture and performance.

## Maths Clinic (Year 6 - 8)



Need a little extra support with maths? The maths clinic is a chance for everybody to get support with this subject in an entirely non-judgemental, free-flowing and fun environment. If there is a tricky problem that needs solving or if you want to get ahead, these sessions are designed to achieve just that. With step-by-step guidance and individual assistance, everyone is welcome.

## French Common Entrance Preparation (Years 7 & 8)



Prepare for success with these additional French CE sessions. Designed to help children build confidence and excel, this comprehensive program ensures that all the key areas are covered.

## Art Club (Year 3 - 8)



Art club is open to all those keen artists who love being creative. Maybe they would like more time to complete their class work or to start a personal project. We may also have group projects on the go or a themed creative activity.

## DT Club (Year 3 & 4)



An exciting opportunity to learn how to use tools to complete a number of fun, mini projects working with a range of materials.



# PREP AND UPPER PREP

## STEM & Robotics (Year 5 - 8)



Our STEM and Robotics club is made up of design challenges where we help the children to unlock their natural skills and talents in problem solving, idea generation, lateral thinking and resourcefulness using a range of technologies.

## Trivium (Year 4 - 8)



Trivium returns to reach higher with standards of debate and public speaking, We use fun themes to explore knowledge, dailectic and rhetoric. A real confidence builder.

## Science Club (Year 7)



An exciting opportunity to explore the wonders of science, packed with thrilling hands-on activities! Children will test their survival instincts with army-based ration tasks, investigating the chemistry of food under challenging conditions. They will experience the power of nature simulating earthquakes and learning how engineers design buildings to withstand tremors. Take on the ultimate engineering challenge by crafting and testing your own parachutes for maximum precision and safety. Experiment, problem-solve, think creatively - unleash your inner scientist!

## Creative Mindfulness (Year 3 - 8)



Creative Mindfulness is an an opportunity to have a quiet moment in your day. We will weave in creative nature based activities, yoga and mindfulness outside if the weather is good and use the dome, decking and the blue hut on the adventure playground. Join us to appreciate the world of art and design through mindful moments.



# PREP AND UPPER PREP

## Bridewell Choir (Year 4 - 8)



The auditioned Bridewell Choir offers a prestigious opportunity for singers to showcase their talents in more formal and musically rich environment. Auditions ensure a high standard of vocal proficiency and commitment among members. Rehearsals focus on intricate vocal techniques, polished ensemble performance, and interpreting traditional repertoire with depth. Through rigorous practice and dedication, choir members refine their vocal skills, and musicality. The choir's repertoire often includes traditional hymns, choral anthems, and sacred compositions, enriching worship services and special events.

## Squiggly Calligraphy (Year 3 - 8)



Calligraphy club is a creative haven where children delve into the elegant art of handwriting. The club offers a space for children to learn various calligraphy styles, such as italic, copperplate, and brush lettering in order to develop their skills in penmanship, letterforms, and composition. All are encouraged to join the Calligraphy Club to unleash their creativity, refine their techniques, and share in the art of beautiful lettering.

## Cricket (Year 3 - 8)



Cricket Club provides a dynamic platform for children to hone their skills in both hard and soft ball batting, bowling, and fielding. Building upon the foundational skills introduced during their games lessons, children are afforded ample time and space to refine and elevate their expertise in specific shot selection, bowling techniques, and positive fielding strategies. Children enjoy a comprehensive and enjoyable pathway to develop their cricketing prowess while embracing the spirit of teamwork and competition.

# TESTIMONIALS



**“I really enjoy attending the debating club because it enables me to build a strong and constructive argument.”**

**(Year 6 child)**

**“I have made many friends across different classes and year groups in Newspaper Club.” (Year 4 child)**

**“I have worked hard on my handwriting and the teachers have seen big improvements.”**

**(Year 2 child)**