

AUTUMN MENU WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Leek & butterbean Homemade bread Soup toppers	Pea & mint Homemade bread Soup toppings	Spiced cauliflower Homemade bread Soup toppings	Minestrone Homemade bread Soup toppings	Mushroom & ginger Homemade bread Soup toppings
MAIN	Breaded katsu chicken fillet	Traditional cottage pie	Bolognese sauce	Turkey con chilli	Battered fish Jumbo fish fingers Jumbo battered sausage
VEGETARIAN	Sticky BBQ quorn pita	Curried lentil & swede shepherds pie	Meatless meatballs in tomato sauce	Braised bean & red pepper chilli with cornbread dumplings	Veggie chickless burger
SIDES	Garlic & herb wedges Green beans Sweetcorn BBQ sauce Meatballs in tomato sauce Cheese sauce	Sweet potato Glazed carrots Peas Crispy onions Gravy Vegemince bolognese	Pasta Puttanesca sauce Roast meatballs Mashed potato Gravy Parsley carrots Cauliflower	Rice Crispy classic nachos Herby garlic bread Salsa sauce Sour cream Gnocchi pasta Peppers & chorizo sauce Nut free pesto sauce	Chips Peas Curry sauce Chunky tartare Tomato ketchup Carbonara sauce
JACKETS	Jacket potato with baked beans or Pasta with tomato sauce				
DESSERT	Pear tart Sweet potato & chocolate brownie Custard	Apple crumble Custard	Banana & carrot cake Custard Berry flapjack	Steamed sultana sponge Custard	Steamed ginger & pineapple sponge Custard Strawberry mousse pot
Organic yoghurt or Jelly pot, Fresh fruit platter					
SALAD BAR	Carrot sticks New potatoes salad Mixed grain & chickpea salad Fried onions & fresh herbs salad	Mixed peppers Italian pasta salad	Cucumber sticks New potato salad Rice salad	Chicken & bacon pasta salad	Carrot sticks New potato salad Pesto & bocconcini pasta salad
Selection of simple salads, Tuna or Ham, Grated cheese, Butter, Selection of dressings and toppings					

