

# AUTUMN MENU

# WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Thai carrot and lemongrass Homemade bread Soup toppers	Cream of mushrooms Homemade bread Soup toppings	Sweet potato & coconut Homemade bread Soup toppings	Fiery chickpea and harissa Homemade bread Soup toppings	Courgette, pea & pesto Homemade bread Soup toppings
MAIN	Turkey lasagne	Roasted honey glazed ham	Breaded katsu chicken	Spanish beef hash	Battered fish Jumbo fish fingers Jumbo battered sausage
VEGETARIAN	Vegetable pesto pasta bake	Vegetarian toad in the hole with red onion gravy	Sweet potato katsu	Potato & vegetables frittata	Veggie chickless burger
SIDES	Fresh garlic dough ball Green beans Roasted pepper & courgette	Parsley potatoes Savoy cabbage Carrots Yorkshire pudding Gravy Sage & onion Stuffing	Rice Stir fried vegetables Caraway carrots Carbonara sauce Plantilicious pomodoro pasta	Diced potatoes Broccoli Roasted summer vegetables medley Nut free pesto sauce	Chips Peas Curry sauce Chunky tartare Tomato ketchup Cheese sauce
JACKETS	Jacket potato with baked beans or Pasta with tomato sauce				
DESSERT	Mango fool Mixed fruit crumble Custard	Lemon syrup sponge Custard	Raspberry bakewell tart Trifle	Steamed chocolate sponge Chocolate custard Banana mousse dessert pot	Black forest cheesecake pot Toffee apple strudel Custard
Organic yoghurt or Jelly pot, Fresh fruit platter					
SALAD BAR	Carrot sticks New potatoes salad Beetroot, carrot & apple salad Chicken & bacon pasta salad	Mixed peppers Potato salad Red coleslaw Pasta salad	Cucumber sticks New potato salad Rocket, spinach & Italian cheese Italian pasta salad	Mixed grain & chickpea salad Fried onions & fresh herbs salad Pasta salad	Carrot sticks New potato salad Beetroot & spring onion salad
Selection of simple salads, Tuna or Ham, Grated cheese, Butter, Selection of dressings and toppings					

